

Report to Provincial Steering Committee  
May 28, 2009 meeting  
Interior Region I.D.P. of B.C.

Whole Region: much of my time over the past two months has been spent organizing and preparing materials for the IDP SPRING MEETING & INSERVICE. This was held APRIL 30, 2009 in Vernon. Our agenda included:

- 1] orientation to the Interior Region *Infant Mental Health Framework*
- 2] procedure for keeping stats for *New contracts – outcome measures*
- 3] presentation/info shared by Kathy Davidson – Interior Region PT Advisor
- 4] Provincial update: Dr. Dana Brynelsen – Provincial Advisor IDP of BC
- 5] *Dual Sensory Loss* - Sue Gawne - Deafblind Consultant – Early Intervention
- 6] New Reportables [aka SIRF] Sharepoint - Sarah Jackman MCFD Victoria
  - Interior Spring Early Years conference in Vernon –  
Dr. Vanessa Lapointe presented three sessions, **1] Entering the World of the Child: The Importance of Play, 2] Promoting Emotional Wellness and Healthy Development for Young Children in Foster Care 3] When the Worry Monster Attacks: Supporting Young Children Struggling with Anxiety**
  - Isabelle Majarnic presented two sessions: **1] Introduction to Attachment: definitions, outcomes, red flags and assessment 2] Supporting Healthy Attachment and Social-Emotional Development in Young Children**

The above two presenters were the main speakers of interest to IDP consultants.

- I presented information about Responsive Teaching to Early Childhood staff on May 2<sup>nd</sup>. The focus was reflecting on their own responsiveness and being familiar with this paradigm shift for when it is used by IDP or SCD with children in their care.
- I continue to work with other committee members on the *Infant & Early Childhood Mental Health Continuum* of services document. One final meeting is set for June. See "Continuum at a Glance" document attached.

RA provincial work

- *Conference Calls* – continue to be a valuable way to keep connected. We now connect every other month; June 9<sup>th</sup> is the next one.
- *Mitchell Scale* – We have not had any requests from Agencies for this evaluation.
- I provided information about the *value of screening* and then training on the ASQ and orientation to the ASQ-SE in *Revelstoke* April 3 and 4. Community plans were generated. [Revelstoke rates very high on the EDI].
- I participated in a meeting regarding *IDP and AIDP in Kamloops* May 6<sup>th</sup>. EDs of the 3 agencies sharing AIDP funding, their staff, IDP program manager and MCFD Meg Lee – ECD/CYSN consultant and Marcia Julian ECD/CYSN manager all attended. Discussion, clarification and possible plans were made.
- I participated in *Gesell training at UBC* on May 19<sup>th</sup>.

Respectfully submitted

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# Appendix A

## Continuum at a Glance

## Infant & Early Childhood Mental Health

Target population served

**Treatment**

### Diagnosed disorder

Children and/or parents/caregivers have an identifiable mental health disorder & significant relationship disturbances. Comprehensive formal diagnostic mental health assessment is provided which guides the formulation, goals and treatment plan.

Diagnosed Disorder or Problem

**Indicated Intervention**

Children and/or parents/caregivers have identified mental health symptoms and have a significant number of risk factors. Referrals for specialized assessment by appropriately trained professionals. Intensity of services and supports relates to the identified mental health symptoms and risk factors

High Risk

**Early Intervention**

Early identification of mental health risk factors involving the child, the primary caregivers, the child/parent/caregiver relationship and the family environment. Relates to services and supports to stop or slow down existing problems and their effects

Moderate Risk

**Prevention**

### Whole Population

Advocacy, awareness, guidance, education & skill building focusing on preventing the development of mental health problems.

Universal

**Promotion**

### Whole Population

Increasing awareness of the importance of the early years in child development & promoting mental wellness

Universal

**LEVEL OF INTERVENTION**